



官方公众号

月刊

1984年10月创刊

第35卷第01期

2025年01月25日出版

主管单位 中国农工民主党湖北省委员会

主办单位 武汉大学中南医院

中国农工民主党湖北省委医药卫生工作委员会

承办单位 武汉大学循证与转化医学中心

顾问 魏万林

主编 舒红兵 王行环

副主编 陈谦明 姜可伟 柯 敏

李宏军 李晓雪 梁国新

史录文 孙 鑫 陶 军

魏 强 魏 晟 徐 峰

张俊华 周丽丽

执行主编 曾宪涛

主编助理 曹 越 郭中强 黄 娇

李柄辉 刘郝弦 王 宇

翁 鸿 向涯碟 袁 帅

编辑部主任 翁 鸿

编辑部副主任 李绪辉

编辑出版 《医学新知》编辑部
武汉市武昌区东湖路169号 430071
电话: 027-67813036
网址: <https://yxxz.whuznhmedj.com>

印刷单位 武汉精一佳印刷有限公司

发行单位 国内 湖北省邮政报刊发行局

邮发代号 38-339

国外 中国国际图书贸易集团
有限公司 代号 BM1509

对外服务 service@jnewmed.com

广告合作 ad@jnewmed.com

定 价 国内 每期 ¥15.00 全年 ¥180.00
国外 每期 \$5.00 全年 \$60.00

中国标准连续出版物号

ISSN 1004-5511
CN 42 - 1220/R本刊2025年版权归《医学新知》编辑部所有
除非特别声明，本刊刊出的所有文章不代表本刊
编委会的观点
本刊如有质量问题，请向编辑部调换

目 次

新春寄语

1 新春寄语

论著

2 循证泌尿外科学方法——证据的分类与检索

王云云, 秦长江, 童铁军, 马彬, 曹世义, 张超, 任学群, 李晓东, 张苗, 翁鸿, 汪洋, 靳英辉, 杨璐, 曾宪涛

14 1990—2021年我国精神障碍疾病负担分析与预测

蒋露, 张志东, 吴建军, 刘璐, 商珑健, 魏兴民

22 ICU 肠内营养患者误吸风险预测模型构建

陈玥, 张慧, 关纯, 胡发升

33 中晚期结直肠癌患者一线化疗后骨髓抑制风险预测模型的构建与评价

王雪星, 张蓉, 楚杰, 刘智金

41 不同性别和中医体质规律生心肺耐力的差异性研究

朱丽梅, 林佳, 吴孝旭, 王可文, 钟文亮

48 前列腺癌根治术患者出院留置尿管真实体验的质性研究

刘玉萍, 盖琼艳, 钟维琴, 李萍

57 膀胱癌泌尿造口患者支持性照顾需求量表的编制与信效度检验

郭灿, 曹英, 汤利萍, 易华容, 易继群, 梅自伟, 蔡师音, 徐双英

65 前列腺癌筛查健康信念量表的编制与信效度检验

余丽娜, 罗翠, 刘双苦, 徐欢, 李晓燕, 张小梦, 王婷

73 免疫表型和血浆代谢物与良性前列腺增生之间的关联:一项中介孟德尔随机化研究

樊九铭, 赵艺乔, 贾海昌, 王天堃, 韩雨桐, 戚子昊, 陈平, 曾宪涛

83 中国大学生非自杀性自伤行为发生率和影响因素的Meta分析

陶思路, 毛国菊, 熊怡, 郭梦佳, 吴冬梅

92 经颈静脉肝内门体分流术后患者肝性脑病发生率及影响因素的Meta分析

唐煜寒, 罗欣榆

综述

102 雷暴哮喘发生机制及其易感因素研究进展

饶 敏，单鸿伟

110 氯己定口腔护理液预防呼吸机相关性肺炎的研究进展

彭杨耀，陈 松，秦淑文，徐丹丹，周建良，高彩霞

教育与争鸣

116 骨科专业基地对非本专业住院医师胜任力培养模式的探索和构建

顾宏林，陈 蓉，叶勇裕，戴国琳，梁昌详，昌耘冰，李辉雁



New Medicine

Chinese name: Yixue Xinzhi Zazhi



Wechat

Monthly

Established in October 1984

Vol 35 No.01

January 25, 2025

Responsible Institution

Chinese Peasants And Workers Democratic Party Hubei Provincial Committee

Sponsor

Zhongnan Hospital of Wuhan University
Working Committee of Medical Science & Technology, Chinese Peasants And Workers Democratic Party Hubei Provincial Committee

Organization

Center for Evidence-Based and Translational Medicine, Wuhan University

Consultant

WEI Wanlin

Editor-in-Chief

SHU Hongbing, WANG Xinghuan

Vice Editor-in-Chief

CHEN Qianming, JIANG Kewei, KE Min, LI Hongjun, LI Xiaoxue, LIANG Guoxin, SHI Luwen, SUN Xin, TAO Jun, WEI Qiang, WEI Sheng, XU Feng, ZHANG Junhua, ZHOU Lili

Executive Editor-in-Chief

ZENG Xiantao

Managing Editor

WENG Hong

Deputy Managing Editor

LI Xuhui

Editing and Publishing

Editorial Office of New Medicine,
169 Donghu Road, Wuchang District,
Wuhan 430071, Hubei Province, China
Tel: +86 027-67813036
E-mail: service@jnewmed.com
Website: <https://yxxz.whuznhmedj.com>

Printing

Wuhan Jingyijia Printing Co., Ltd.

Overseas Distributor

China International Book Trading Corporation
Code No.BM1509

Subscription rate

Each issue \$5.00, Annual \$60.00

CSSN

ISSN 1004-5511
CN 42-1220/R

Copyright ©2025 by Editorial Office of New Medicine

All articles published represent the opinions of the authors

CONTENTS IN BRIEF

Yearly-end Thanks and Prospects

1 Yearly-end Thanks and Prospects

Research

- 2 Methodology for evidence-based urology—evidence classification and retrieval
WANG Yunyun, QIN Changjiang, TONG Tiejun, MA Bin, CAO Shiyi, ZHANG Chao, REN Xuequn, LI Xiaodong, ZHANG Miao, WENG Hong, WANG Yang, JIN Yinghui, YANG Lu, ZENG Xiantao
- 14 Prediction and analysis of disease burden of mental disorders in China from 1990 to 2021
JIANG Lu, ZHANG Zhidong, WU Jianjun, LIU Lu, SHANG Longjian, WEI Xingmin
- 22 Construction of a predictive model for the risk of aspiration in enteral nutrition patients in ICU
CHEN Yue, ZHANG Hui, GUAN Chun, HU Fasheng
- 33 Construction and validation of a predictive model for the risk of myelosuppression after first-line chemotherapy in patients with advanced colorectal cancer
WANG Xuexing, ZHANG Rong, CHU Jie, LIU Zhijin
- 41 Study on the difference in cardiopulmonary endurance between different genders and traditional Chinese medicine constitutions
ZHU Limei, LIN Jia, WU Xiaoxu, WANG Kewen, ZHONG Wenliang
- 48 A qualitative study on the real experience of discharging patients with urinary catheter placement after radical prostatectomy
LIU Yuping, GAI Qiongyan, ZHONG Weiqin, LI Ping
- 57 Development, reliability and validity testing of the Supportive Care Needs Scale for Patients with Bladder Cancer Undergoing Urostomy
GUO Can, CAO Ying, TANG Liping, YI Huarong, YI Jiqun, MEI Ziwei, Cai Shiyi, XU Shuangying
- 65 Development and test of reliability and validity of the Health Belief Scale for Prostate Cancer Screening
YU Lina, LUO Cui, LIU Shuangtai, XU Huan, LI Xiaoyan, ZHANG Xiaomeng, WANG Ting
- 73 Associations among immunophenotype, plasma metabolites, and benign prostatic hyperplasia: a mediation Mendelian randomization study
FAN Jiuming, ZHAO Yiqiao, JIA Haichang, WANG Tiankun, HAN Yutong, QIN Zihao, CHEN Ping, ZENG Xiantao

- 83 Prevalence and influencing factors of non-suicidal self-injurious behaviour among Chinese college students: a Meta-analysis
TAO Silu, MAO Guoju, XIONG Yi, GUO Mengjia, WU Dongmei
- 92 Prevalence and influence factors of hepatic encephalopathy after transjugular intrahepatic portosystemic shunt: a Meta-analysis
TANG Yuhan, LUO Xinyu

Review

- 102 Research progress on thunderstorm asthma and its susceptibility factors
NAO Min, SHAN Hongwei
- 110 Research progress of chlorhexidine oral care solution for prevention of ventilator-associated pneumonia
PENG Yangyao, CHEN Song, QIN Shuwen, XU Dandan, ZHOU Jianliang, GAO Caixia

Education and Negative

- 116 Exploration and construction of competency training model for non-orthopedics residents in orthopedics base
GU Honglin, CHEN Rong, YE Yongyu, DAI Guolin, LIANG Changxiang, CHANG Yunbing, LI Huiyan